



The Eric Twiname Memorial Trust and 'Start to Win'

Early last year the Eric Twiname Memorial Trust was generously assigned the author's copyright of 'Start to Win', written by Eric Twiname in 1973. Out of print for over 20 years, Adlard Coles (now Adlard Coles Nautical, part of A & C Black Publishers) have recently republished this classic - now in its 3rd Edition and substantially re-designed, with a Foreword by Ben Ainslie and an updated Rules section by Bryan Willis to accord with the 2009-2012 ISAF Rules.

Despite the passage of time 'Start to Win' has undoubtedly retained its position as *the* book on simple racing principles, written as it was specifically for the benefit of the ordinary dinghy sailor. As such it manages to remove much of the mystique of racing sailing and assists helmsmen to improve their skills and tactical ability. There is arguably nothing else that sets out the techniques of sailing in such a clear, understandable and straightforward manner. 'Start to Win' has been welcomed back by its many followers, and will no doubt be read for the first time by many more. This classic, which complements 'The Rules Book' also written by Eric Twiname and revised by Bryan Willis for the 2009-2012 rules, is set to help sailors achieve their racing best for many years to come.

Royalties from 'Start to Win' go to the Eric Twiname Memorial Trust, which was set up in 1980 in order to perpetuate Eric's memory and to enable his many and diverse sailing interests to continue. It became a registered charity in 1991 with the primary objective of providing funding or equipment that will assist those in full-time education at schools and universities in the United Kingdom to sail or yacht race, with the emphasis being directed towards youth. Purchase of this book will therefore assist the Trust with its invaluable support for youth racing sailing, which includes bursaries for juniors on starter courses, the on-going provision of support RIBs for all nine national youth classes, the funding of dinghies for training purposes for sailing associations and clubs, and the financing of national championship events. For further information please visit our website www.ericwinametrust.org.

'Start to Win' is available from Adlard Coles Nautical (discount price £15.29) and through most nautical booksellers, as well as Amazon.